Appetizers

Calamari Fritti 16.75
Served with marinara sauce (serves 2)

Homemade Meatballs 11.50
Right outta the sauce, topped with fresh ricotta

Fried Mozzarella 11.50
Homemade pan-fried fresh mozzarella wedges, served with marinara sauce

Garlic Bread 7.25
Topped with melted mozzarella

APPY HOUR
1/2 PRICE APPETIZERS
MONDAY - FRIDAY
4:00 PM-6:00 PM

Soups

Stracciatella 8.75
Traditional Italian egg drop soup with spinach

Pasta e Fagioli 8.75
Ditalini pasta & cannellini beans served in crushed plum tomato & roasted garlic broth

Tortellini en Brodo 8.75
Cheese tortellini pasta served in chicken broth

Salads

Garden Salad
Small 9.25 • Large 13.25
Iceberg lettuce, tomatoes, carrots, onions, red peppers, olives, cucumbers, mozzarella & Italian dressing

Caesar Salad
Small 9.25 • Large 13.25
Romaine lettuce, garlic croutons, parmesan shavings & dijon caesar dressing

Pecan Salad
Small 10.25 • Large 14.25
Mixed greens, honey roasted pecans, gorgonzola crumbles & balsamic vinaigrette

Mediterranean Salad
Small 10.25 • Large 14.25
Romaine lettuce, tomatoes, cucumbers, pepperoncini, kalamata olives, chickpeas, onions, feta cheese & red wine vinaigrette

Market Salad
Small 10.25 • Large 14.25
Mixed greens, dried cranberries, candied walnuts, onions, goat cheese & balsamic vinaigrette

Add to any salad

Chicken (grilled or fried) 7.00
Grilled Shrimp 9.00
Grilled Salmon 12.00

Heros

Meatball Parmigiana 12.00

Eggplant Parmigiana 12.00

Chicken Parmigiana 13.00

Chicken Club 12.50
Grilled or fried chicken cutlets, lettuce, tomatoes & Italian dressing

ITALIAN **Lena's** KITCHEN

The best lunch you've had since mom used to brown bag it!

PICK-A-PAIR

Create your favorite, choose any two!

SALADS

Garden Salad
Iceberg lettuce, tomatoes, carrots, onions, red peppers, olives, cucumbers, mozzarella & Italian dressing

Caesar Salad
Romaine lettuce, garlic croutons, parmesan shavings & dijon caesar dressing

Pecan Salad
Mixed greens, honey roasted pecans, gorgonzola crumbles & balsamic vinaigrette

Mediterranean Salad
Romaine lettuce, tomatoes, cucumbers, pepperoncini, kalamata olives, chickpeas, onions, feta cheese & red wine vinaigrette

Market Salad
Mixed greens, dried cranberries, candied walnuts, onions, goat cheese & balsamic vinaigrette

SOUPS

Stracciatella
Traditional Italian egg drop soup with spinach

Pasta e Fagioli
Ditalini pasta & cannellini beans served in crushed plum tomato & roasted garlic broth

Tortellini en Brodo
Cheese tortellini pasta served in chicken broth

HALF-A-HERO

Eggplant Parmigiana
Meatball Parmigiana
Chicken Parmigiana
Chicken Club (grilled or fried)

Available till 4pm
Both selections cannot be made from same section

$13.75

View our virtual menu at Lenasitaliankitchen.com

Attention: We cannot guarantee that our Gluten & Nut free products are 100% Allergen-Free
$2.00 Administrative Surcharge On Delivery Orders

Pastas

Penne Shrimp Oreganate 23.75
Shrimp & spinach sautéed in garlic & white wine scampi sauce, topped with toasted breadcrumbs

Spaghetti & Meatballs 19.25
Meatballs & traditional Italian tomato sauce

Rigatoni Fiorentina 23.00
Baked chicken, spinach & mozzarella sautéed in creamy pink sauce

Tortellini Carbonara 22.00
Imported pancetta & onions sautéed in a classic creamy parmesan cheese sauce

Penne Broccoli 19.50
Fresh broccoli florets sautéed in garlic & oil

Spaghetti Shrimp Marinara 23.75
Shrimp sautéed in garlic & herb plum tomato sauce

Rigatoni Bolognese 20.50
Southern Italian ground veal meat sauce, topped with fresh ricotta

Tortellini Alfredo 18.00
Classic creamy parmesan cheese sauce

Penne Alla Vodka 20.25
Imported prosciutto sautéed in creamy vodka sauce

Spaghetti Garlic & Oil 16.75
Garlic sautéed in extra virgin olive oil

Rigatoni Marinara 16.75
Garlic & herb plum tomato sauce

Pasta Al Forno 16.75
Our version of the classic baked ziti

• Whole Wheat or Gluten Free Penne Available 2.00 Additional •

Side Pastas

***Classic* Side** 10.00
Penne or spaghetti with your choice of Marinara, Pomodoro or Garlic & Oil

***Premium* Side** 11.00
Penne or spaghetti with your choice of Alfredo, Vodka or Bolognese

Entrées

Chicken Marsala 21.50
Chicken scallopine simmered in mushroom & marsala wine brown sauce

Chicken Francese 21.50
Egg battered chicken scallopine sautéed in white wine, lemon & butter sauce

Chicken Paillard 21.50
Grilled chicken topped with your choice of sautéed spinach, broccoli or broccoli rabe

Chicken Semi-Freddo 21.50
Grilled or fried chicken cutlets topped with arugula, red onion, shaved parmesan & cherry tomato salad

Chicken Parmigiana 17.50
Fried chicken cutlets, topped with tomato sauce & melted mozzarella

Eggplant Parmigiana 16.50
Egg battered eggplant, topped with tomato sauce & melted mozzarella

Meatball Parmigiana 16.50
Homemade meatballs, topped with tomato sauce & melted mozzarella

Grilled Salmon 24.50
Grilled Norwegian salmon served over sautéed broccoli rabe & tuscan white beans

Vegetables

Spinach 8.25
Broccoli 8.50
Broccoli Rabe 8.75

Desserts

Tiramisu 5.50
Sponge cake soaked in espresso, marscapone cream & cocoa powder

PASTA SALAD SOUP APPETIZERS SOUP SALAD PASTA APPETIZERS
Quality Ingredients